- 9. (New) The snow board of claim 8, characterized by the elongate web (4) being structured as a support surface for a snow boarder and the slots (11) between the gliding members (2;3) and the elongate web (4) having height of up to 5 cm, preferably 3 to 5 cm.
- 10. (New) The snow board of claims 1 and 2, characterized by the glide members (2;3) being in their longitudinal directions provided with a waistline (9) and spacers (8) being fixedly or movable and replaceably arranged on the surfaces of the gliding members (2;3).
- 11. (New) The snow board of claims 1 to 3, characterized by the fact that the releasable connection of the spacer elements (8) with the gliding members (2;3) is provided by insert (7).

## 12. (New) A snow board, comprising:

an elongated unitary body of predetermined length forming first and second gliding members extending along opposite lateral margins thereof;

an elongate web extending between the first and second gliding members and being joined to forward and rear section of the body in a curved transition and separated from the first and second gliding members by lateral slots.

- 13. (New) The snow board of claim 12, wherein the elongate web protrudes from the surface of the body by from 3 to 5 cm.
- 14. (New) The snow board of claim 12, wherein the first and second gliding members have elongated lateral margins of concavely curved configuration.
- 15. (New) The snow board of claim 13, wherein the elongate web is provided with means for connecting bindings.